



# THE ingles TABLE

with Chef Lu  
**Chunky Gazpacho**

## Shopping List

- 1 Zucchini
- 2 Large Tomatoes (about 2 lbs.)
- 1 Cucumber, Peeled & Seeded
- 3 Ribs of Celery
- 1 Red Pepper
- 4 Cloves Garlic
- 1 Bunch Green Onions
- 2 Bunches Fresh Basil
- 2 Quarts Vegetable Juice
- ½ Cup Balsamic Vinegar
- 1 Tsp. Salt & ½ Tsp. Pepper & a pinch of Sugar to Taste

## Cooking Instructions

- 1)** Small dice all vegetables.
- 2)** Blend garlic, basil & ½ vegetable juice in blender.
- 3)** Add all juice to vegetables and season with salt & pepper.



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