



# THE ingles TABLE

with Lindsay Moore  
turkey flat bread

## Shopping List

For Wrap:

- 1 lb Deli-Sliced Boar's Head All Natural Turkey
- 4 Pieces Flat Out Flat Bread
- Pint of your favorite Ingles Deli salad (like the kale & beet available during Fall)

## Cooking Instructions

1. Place 3-4 slices of turkey on each half of flat bread.
2. Top turkey slices with kale and beet salad.
3. Fold the bare side up to close sandwiches..
4. Wrap them up in foil for quick lunches on the go, or eat immediately.



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